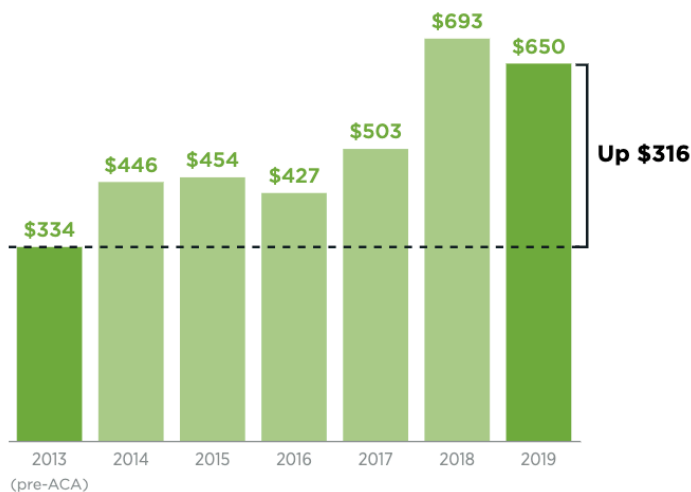


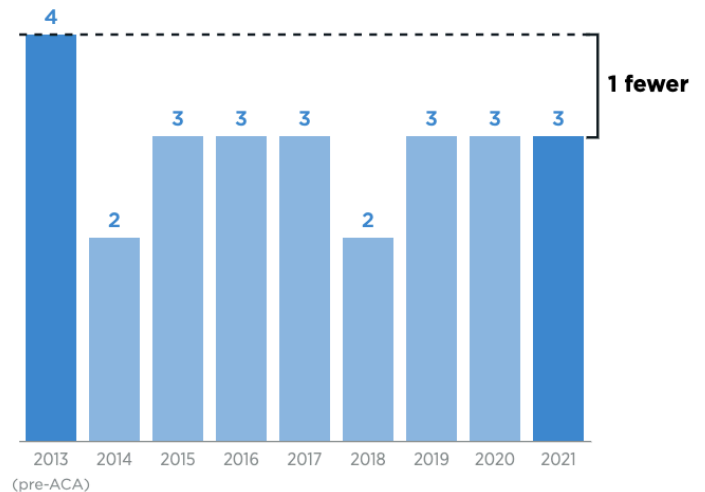
# HEALTH CARE CHOICES AND PREMIUMS UNDER OBAMACARE

## What is happening in Maine

AVG. MONTHLY PREMIUMS



CHOICE OF INSURERS



## RELIEF FROM FEDERAL REGULATIONS CAN MAKE PREMIUMS MORE AFFORDABLE

While in most states premiums are up and choices are down, some states have seen improvements by taking advantage of some limited regulatory relief. Average premiums have declined in six states that got Obamacare federal waivers: Alaska (down 23%), Maine (down 6%), Maryland (down 8%), Minnesota (down 18%), New Jersey (down 10%), and Wisconsin (down 3%).

READ MORE

- [Obamacare's Health Insurance Exchanges in 2021: Increased Options, but Still Less Than Pre-ACA](#)
- [Obamacare Has Doubled the Cost of Individual Health Insurance](#)